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Beneficial Effects of Solanaceae towards Oral Health.

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ABSTRACT

During the last few decades there has been an increasing interest in the study of medicinal plants and their traditional use in different parts of the world. The Solanaceae, or nightshades, are an economically important family of flowering plants. The most economically important genus of the family is *Solanum*. The species are medicinal herbs and contain unique alkaloids and other biochemical constituents used for the treatment of diverse ailments. In the present review 10 species of Solanaceae have been documented which are being potentially exploited by the Indian population for oral health care. Of these *Solanum surattense* is found to be dominantly used for oral health care. This aim of this review is to document and summarize the information of various species in Solanaceae family its the medicinal value and their use towards oral health.

Key words: Heath, Medical, Oral, Solanaceae.

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INTRODUCTION

The history of medicinal plants can be traced back to Vedic Periods about 4500-1600 BC. Rigveda, the oldest of Vedas, describes about 99 plants. The Charaka Samhita, an ancient document on herbal medicine, reports on the production of 340 herbs for curing various diseases [1]. India and China are two of the largest countries in Asia, which have the richest arrays of registered and relatively well-known medicinal plants (Raven, 1998) [2].

It has been estimated that 80% of the world population under developed countries depends upon traditional medicine obtained from plants for primary health care. The ethno-medicine has gained considerable importance in the recent past, because of being safe and with no side effects. Therefore, such plants should be investigated to better understand their properties, safety and efficacy [3]. In such a way the aim of this review is to identify the various species in Solanaceae family with medical properties and their use towards oral health.

Solanaceae

The Solanaceae, or nightshades, are an economically important family of flowering plants. The family ranges from annual and perennial herbs to vines, lianas, epiphytes, shrubs, and trees, and includes a number of important agricultural crops, medicinal plants, spices, weeds, and ornamentals. The most economically important genus of the family is *Solanum*. The genus *Solanum* L. consists of over 2000 species distributed worldwide is the largest in Solanaceae. The species are medicinal herbs and contain unique alkaloids and other biochemical constituents used for the treatment of diverse ailments (diabetes, cholera, bronchitis, high blood pressure) and as laxatives. [4, 5]

Methodology of the review:

The literature search was performed between using literature databases, including online catalogues of relevant institutions and e-journal consortia. Databases were chosen according to their topic (e.g. ethnology, agro forestry, ethnobotany and agriculture), geographical covering in English. Abstracts; extracted from the databases; were selected based on topic and geographical covering. Literature was downloaded as PDF-document from the Internet and obtained directly from authors. Literature comprising information without a clear source; be it primary data or other literature; was rejected. A search for additional literature; found in reference lists of collected publications (snowball principle).

Medical Properties of various species of Solanum:

In a study done by Pradeep kumar et al (2015) the ethanolic extract obtained from the leaf of the *Solanum surattense* was evaluated for antibacterial property by the agar well-diffusion method. Extract was placed in the wells and allowed to diffuse for 2 hrs at 4°C and the plates were incubated at 37°C for 24 hrs. The antibacterial activity was determined by measuring the diameter of the zone of inhibition for each well and expressed in mm. The leaf extract inhibited the growth of pathogenic microorganisms. Maximum zone of inhibition was obtained in 500µg concentration of leaf extract. The minimum zone of inhibition observed in 25µg concentration of leaf extract [6]. Similarly the antibacterial activity of *Solanum surattense* whole plant extracts and leaf extract were studied [7,8]. *Solanum incanum* shows Antibacterial property [9,10] whereas *Solanum torvum* (leaf, stem and roots) proved to have antibacterial and antifungal activity [11].

Presence of phytochemicals and potent antibacterial activity of leaf, root and seed extracts were found in *Solanum nigrum*. Parameswari.K et al observed that whole plant extract showed potential antibacterial activity and hence recommended that whole plant extracts may be to use in preparation of herbal drugs [13]. *Solanum trilobatum* (Solanaceae – herbs) is used as medicine for asthma, vomiting of blood, reducing blood glucose level and bilious matter phlegmatic rheumatism and several kinds of leprosy. It is also antibacterial, antifungal antimitotic, antioxidant and antitumourous [14,15,16].

Solanaceae and their benefits towards oral health

In the present review 10 species of Solanaceae have been documented which are being potentially exploited by the Indian population for oral health care (Table 1). Of these Solanum surattense is found to be dominantly used for oral health care.

Table 1: List of Solanaceae species and their use towards oral health care from various parts of India

| S.No | Species | Dental uses |
|------|-----------------------------|--|
| 1. | <i>Datura stramonium</i> | A paste is prepared from the seeds applied for tooth ache [17]. |
| 2. | <i>Hyoscyamus niger</i> | Smoke of the seed kept in mouth for tooth ache.[18] |
| 3. | <i>Solanum erianthum</i> | Boiled with water and the vapour is inhaled once or twice a week through mouth[19] |
| 4. | <i>Solanum ferox.</i> | Dried seeds, flower are kept in mouth during tooth decay[20] |
| 5. | <i>Solanum khasianum</i> | Seeds are used for Toothache[21] |
| 6. | <i>Solanum nigrum</i> | Leaves and fruits are chewed and swallowed to cure mouth ulcer[22,23] |
| 7. | <i>Solanum surattense</i> | Dried fruit smoke to reduce toothache.[24,25,26] |
| 8. | <i>Solanum torvum</i> | Seeds are used for Toothache[21] |
| 9. | <i>Solanum virginianum</i> | Fruit is dried, burnt to ash and applied in teeth.[27,28,29] |
| 10. | <i>Solanum xanthocarpum</i> | Dried or fresh fruits are kept in fire and the smoke is inhaled through mouth to treat toothache[30] |

CONCLUSION

Plant-based traditional knowledge has become a recognized tool in search for new sources of drugs; it is clear that Solanaceae Family can offer a platform for further research in dentistry. During the last few decades there has been an increasing interest in the study of this medicinal plants and their traditional use in different parts of the world. Therefore it should be investigated further to better understand its properties, safety and efficacy.

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